



# Seniors and Families at the Heart of Argenteuil



June  
2014

Stay informed about the  
*Municipalité amie des aînés*  
and Family Policy programs  
through this monthly  
newsletter!

## Seniors and Families Are Asked to Step Up to the Mic

So it begins, the nine municipalities of the MRC d' Argenteuil are initiating the *Municipality Amie des Aînés* program, while also drafting their very own family policy. What's the purpose behind this dual-front project you ask? It is to promote quality lifestyles for families and seniors by providing services that meet their needs with specific regards to community activities and social life, culture, education, employment and the economy, housing, environment, health, safety, transportation and recreation.

In order to achieve this ambitious goal, each municipality of the MRC d' Argenteuil will form a committee comprised of community organizations and citizens over the next month to spearhead the initiative. A city councillor will also be supporting the committee in making a local diagnostic, which will include a citizen-wide consultation, where all are invited to comment on the issues of their municipality, their needs, and their hopes for the future. An action plan will be drafted with attention to the information gathered through the local diagnostic, which will translate into the "think and act family/senior" project that will become an integral part of each of our municipalities. The process will either be introduced through regulations, programs, infrastructure, or even events. If you are interested in participating in the process in any way, please contact your municipality!

To keep up with the progression of this engaging approach, we'll produce monthly family and senior oriented columns. Moreover, capsules of information on topics that matter to you will also be published, as well as events in the region you simply must put on your calendar.

## Not to Be Missed this Month

### Opening of the Ayers Pool in Lachute

From June 21 to August 11, come and cool off in the outdoor pool located at Ayers Park. It's free of charge and the entire population of Argenteuil is welcome!

Pool Schedule: 1 p.m. to 4:45 p.m. (for all), 5 p.m. to 6 p.m. (18 +), 6 p.m. to 7:45 p.m. (for all).  
Water games schedule: 10 a.m. to 9 p.m. (for all).  
In the meantime, if the temperature rises, the water games are already open from 4 p.m. to 8 p.m. weekdays and from 12 noon to 8 p.m. on weekends.

### Day Camps of the MRC d'Argenteuil

Not to paraphrase an 80's rock star, but school's out and summer is at our doorsteps. Have you started planning your summer yet? If not, the day camps of Argenteuil are ready to receive kids aged 6 to 12. To register or for more information:

Lachute: Visit [www.ville.lachute.qc.ca](http://www.ville.lachute.qc.ca) or call 450 562-3781, extension 246  
Grenville: Call 819 242-2146  
Grenville-sur-la-Rouge : Call 819 242-8762  
Parc Carillon: Call 450 537-7272



MRC d'Argenteuil  
450 566-0530, extension 2306  
llaflleur@argenteuil.qc.ca